

## University E-mail Accounts— Choose One That Works for You

Like many other institutions, The University of Iowa has significantly reduced its paper mailings and uses e-mail as an official form of communication. As an enrolled University of Iowa student, you are required to have a University e-mail account. Messages exchanged between students and The University that contain protected information can only be directed to students' UI e-mail accounts. You are responsible for all information sent to your UI e-mail address just as you are responsible for all UI paper mailings you receive.

In setting up your e-mail account, you may choose from three options:

1. **Request a separate UI e-mail account.** This keeps your course-related communication separate from other e-mail messages. Access this account through Webmail and bookmark the Webmail link for convenience.
2. **Submit a routing address.** All messages to your UI address are automatically forwarded to the account you use regularly such as Hotmail or AOL. This option may also be inconvenient if you change your e-mail address with any frequency.
3. **Switch between options 1 and 2** as your enrollment situation changes. You might choose to use option 1 while actively enrolled in a course, shift to option 2 as you conclude the course, and return to option 1 with your next course enrollment.

Here are instructions for both options.

### Option 1. To set up a separate UI e-mail account:

- Activate your account at <http://isis.uiowa.edu/>
- Log in using your Hawk ID and Hawk ID password
- Select the **My UIowa** link near the top of the page
- Under **My E-mail**, select **request e-mail account** and follow the instructions
- Access your UI mail at <http://webmail.uiowa.edu/>
- For information on configuring other e-mail clients see <http://cs.its.uiowa.edu/email/otherclients.html>.

### Option 2. To route e-mail to your personal e-mail account:

Follow steps 1-3 as outlined above, then:

- Under the **My E-mail** option, select **update e-mail routing address**, and follow the instructions
- Remember, if you change your non-University e-mail address, you must also update your UI e-mail routing address

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# Fall Online Options at Iowa State University

Students interested in completing online semester-based courses should review the following fall offerings at Iowa State University:

## Natural Science/Math

- Biochemistry, Biophysics and Molecular Biology 404--Biochemistry I (UL)
- Biology 101--Introductory Biology (LL)
- Biology 155--Introduction to the Human Body (LL)
- Biology 173/Environmental Studies 173--Environmental Biology (LL)
- Biology 211--Principles of Biology I (LL)
- Computer Science 103--Computer Literacy and Applications (LL)
- Computer Science 107--Applied Computer Programming (LL)
- Entomology 201--Introduction to Insects (LL)
- Entomology 211--Insects and Society (LL)

## Social Science

- Sociology 484--Topical Studies in Criminal and Juvenile Justice: Ethics in the U.S. Criminal Justice System (UL)
- Criminal Justice Studies 340/Sociology 340--Deviant and Criminal Behavior

For information on enrollment, cost and start date link to: <http://www.lifelearner.iastate.edu/>

## Items to Note

### Scholarship Deadlines Approach

**August 1:** Last date to apply for BLS/ Iowa Community College graduate scholarship; students may receive the scholarship only once. See <http://www.continuetolearn.uiowa.edu/ccp/bls/index.html>

### Final Grade Reports & Transcripts

Remember that final grade reports and transcripts for GIS courses and semester grade courses are no longer mailed to students. Use your Hawk ID to print your unofficial transcript through ISIS: <http://isis.uiowa.edu/>

### Summer Session Calendar

Check the Summer Session Calendar on the Registrar's website for withdrawal, drop and final GIS course work dates at: <http://www.registrar.uiowa.edu/default.aspx>

## Student Success Story

### J. Cheves Ligon

*J. Cheves Ligon lives in Charlotte, North Carolina and began enrollment in Guided Independent Study (GIS) courses in 2004. A year later he entered the University of Iowa as a BLS student and completed all of his remaining requirements through distance education. On July 28 he will be awarded his BLS degree. During his tenure as a BLS student, Cheves has completed 56 semester hours of GIS course work with an outstanding Grade Point Average of 3.75. He explains his journey through his undergraduate program and ultimate goals for a future career as follows:*

After taking some time off after high school to try my hand at business and to work in politics, I decided I wanted to go to law school. Not having a college degree was my greatest impediment. I tested out of almost two years of college work then I started looking for a place to finish my undergraduate degree.

Several local colleges offered great programs, but as a fulltime employee at a good law firm I felt constrained by the time requirements.

After researching correspondence options, I was drawn to The University of Iowa for their extraordinarily high graduate school acceptance rate. At that time, college was only a hurdle to law school. However, to my great surprise and delight my classes changed me in ways I could have never imagined. The material was challenging both to my work ethic and to my core beliefs. So many professors gave an amazing amount of time and energy to me and really seemed to take an interest in my development.

My advisor took a stake in my education and helped me greatly with planning what to take, when, and by offering encouragement and advice.

Although my social life, golf swing, and at times my waistline, suffered, I was able to complete college in time and was accepted into three top-100 law schools.

I am heading to the University of South Carolina School of Law in August, and I don't feel I could be better equipped for my continuing education, whether for my career or in life.

## Session-based GIS Courses Roll Out

Beginning in Fall 2006, a select group of GIS courses will be offered in a semester format. Most courses will continue to offer deadline flexibility for completion of assignments and exams. Printed course materials will also be available for students who request them.

During the Fall 2006, Spring 2007, and Summer 2007 sessions, the courses will require electronic submission of assignments. All of the courses will be conducted August 21 through December 25, 2006. Some will include online group activities to mitigate the feeling of isolation students sometimes feel in the asynchronous GIS courses.

For more information see: <http://continuetolearn.uiowa.edu/ccp/courses/FA/FA063.html>

- 06E:001:EX3 Principles of Microeconomics
- 06E:002:EX3 Principles of Macroeconomics
- 06E:105:EX2 Macroeconomics
- 07C/U:137:EX2 Intro to Educating Gifted Students
- 07P:133:EX2 The Adolescent and Young Adult
- 169:163:EX2 Concepts & Issues in Therapeutic Recreation
- 08C:297:EX2 Fiction Writing
- 08C:298:EX2 Poetry Writing

## Build Self-Promotion Strategy with New ePortfolios Course

Learn how to market your educational and employment experience by producing an electronic portfolio that showcases your strongest skills and best work.

The course **07E:196 Topics in Curriculum and Instruction: Web-Based ePortfolios** was added to our lineup of Guided Independent Study courses earlier this spring. This offering awards one semester hour of credit.

Produce an electronic portfolio on the Web that can be used as an assessment, job seeking, or career enhancement tool. Gain practical experience using digital multimedia tools and learn how to discuss content and design issues as they relate to electronic portfolio production.

The course is offered in cooperation with The University of Iowa's College of Education. For details, go to [http://continuetolearn.uiowa.edu/ccp/gis/ebook\\_catalog.htm](http://continuetolearn.uiowa.edu/ccp/gis/ebook_catalog.htm), choose the link under the heading **Search the GIS database for course descriptions**, then, from the pull-down menu under the College of Education, choose the category Elementary Education (07E).

## Managing Your University of Iowa E-Mail Account

Once your UI alias is working, manage your e-mail by using the tools found in ISIS at: <http://isis.uiowa.edu/>

- For separate UI e-mail accounts, follow links to WebMail to check your mail on the Web, create vacation messages, change your routing/forwarding address, etc.
- If you are routing UI e-mail to another account, follow links to MyUIowa>My Email>Update Email Routing Address to update your e-mail routing address as needed.

Set your e-mail filters to allow receipt of messages from uiowa.edu addresses. See **Tips for Managing Junk Mail Filters** at <http://continuetolearn.uiowa.edu/ccp/sos/junkmail.htm>

## SkillSoft Online Courses: Added Value for Enrolled Students

SkillSoft online non-credit courses are available at no charge to all enrolled students at The University of Iowa. More than two thousand courses are available in competency areas ranging from Leadership and Management to Workplace Effectiveness. Courses are also available in Information Technology and in various computer programs. There is something for just about everyone.

Access your courses any time, anywhere. You can log in to the SkillSoft Web site from most IBM compatible PC's with Internet access. If you're traveling, download a course to your laptop for uninterrupted coursework while you're away from home. All you need is your Hawk-ID.

To review the course offerings, go to <https://login.uiowa.edu/uipl/login.page?service=http://webfarm3.its.uiowa.edu/skillsoft/>

## ICON Tip

**The Locker:** Every student with an active Hawk ID can login to ICON and make use of the locker for personal online storage space. Login to <http://icon.uiowa.edu/> and follow the link in the navigation bar menu at the top of any ICON page. Use the **upload new file** button to browse and upload your files. You may share files with others by selecting the **public** toggle button.



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### Win a University of Iowa T-Shirt!

This essay isn't for a grade. It's for a prize. We're sponsoring a contest open to all BLS students.

In 250 words or less, tell us about the most interesting, exciting, or inspiring course that you have enrolled in during your time as a BLS student.

We'll select three essays, one for each issue of *The Beacon* in the upcoming academic year—fall 2006 and spring and summer of 2007—to publish. If your essay is selected, you'll receive a University of Iowa T-shirt and 15 minutes of fame as a published author.

The deadline is August 1. Send your entries by mail, fax or e-mail to:

BLS ESSAY CONTEST  
Center for Credit Programs  
116 International Center  
Iowa City, IA 52242-1802  
FAX: 319-335-2740

E-mail: [credit-programs@uiowa.edu](mailto:credit-programs@uiowa.edu)

Please be sure to address your submission to:  
BLS ESSAY CONTEST.

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